

Huli Recovery - Ho'olona

- Locate (and keep track of) each crew member in the water
- Remind the crew to hold on to the boat
- If a crew member is injured - assign another crew member to stay with her
- seat 1 collects the paddles
- all others, 'swim' the canoe so that bow heads into the sea
- seat 2 and seat 4 stand on the iako tongues; lean over the canoe; grab the iako
- seat 3 lifts the iako; seats 2 and 4 rock back to roll the canoe upright.
- seat 5 catches the ama then sits on (or hangs onto) it to stabilize the canoe - take a moment to have everyone look for personal belongings in the water
- 2 lightest crew members at a time enter the canoe and bail like crazy - the remaining crew members continue to 'swim' the canoe towards the shore (while keeping the bow headed into the sea)

Recovering from a huli safely depends greatly on being prepared. Once you get the canoe back up again and the water bailed out, refocus on the paddling still to come.